



**Frewsburg Central School
26 Institute Street
Frewsburg, New York 14738
Phone: (716) 569-7055**

Dear Parent/Guardian,

Frewsburg Central School is currently implementing an innovative program for our students. This program will assist our school staff in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our students, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If a student is believed to have suffered a head injury during sports/gym, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam will be given to all students' grades 5, 7, 9 and 11 as a baseline test to be done annually. All students who wish to participate in a school sport must have a baseline done every two years or they cannot compete. This non-invasive test is set up in "video-game" type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the student will be required to re-take the test after day 4 of the Return to Play Protocol. The information will be provided to parents or guardians to share with the child's primary care provider. The test data will enable these health professionals to determine when "return to play" is appropriate and safe for the injured student. If an injury of this nature occurs to your child, you will be promptly contacted with all the details. Final decision for return to play is made by the District's Chief Medical Officer.

We wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Frewsburg Central administration, nurses, coaches, teachers, and staff are striving to keep your child's health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact us at (716) 569-7055.

Sincerely,

The Concussion Management Team



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Impact Consent Form

To be filled out by students going into grades 5, 7, 9 and 11 ONLY

(Please print name, grade and sport(s) of student)

For use of the Immediate Post-Concussion Assessment and cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Student

Signature of Student

Date

Signature of Parent

Date

Grade

Sport(s)